

# Travel With Care

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**Want to travel responsibly? Follow these eight guidelines to ensure your visit has the best possible impact before, during and after you travel.**

## before you travel

- 1 Learn about Your Destination.** Enjoy a rewarding experience by learning more about the natural environment, culture, and history that make every destination unique.
- 2 Don't Leave Your Good Habits at Home.** While traveling, plan to recycle, use water wisely and turn off lights as you would at home.

## while you travel

### Protecting nature and the environment as you travel

- 3 Protect and Respect Nature and Heritage in Your Destination.** Be mindful of the plants, animals and ecosystems that you impact. Avoid feeding wildlife, stay on designated trails and strictly follow all fire restrictions. Be respectful to local customs when visiting heritage attractions.
- 4 Be an Energy-Efficient Traveler.** Book direct flights, rent an electric or more fuel-efficient vehicle and keep your own vehicle operating at maximum efficiency. Once at your destination, walk, bike or take public transportation as much as possible. As an additional step, consider purchasing carbon credits to offset your travel's impact on climate change.
- 5 Be Waste-Wise.** Recycle where possible and always dispose of your waste with care. Avoid single-use plastics and reduce food waste whenever you can. Leave a beautiful place for others to enjoy.

### Respecting the destination community

- 6 Be a Good Guest and Respect the Locals.** Remember that you are a guest in your destination. Engage with locals, but respect their privacy, traditions and local community.

### Make your money matter

- 7 Spend Wisely and Support the Locals.** Seek out and support small, locally owned artisans, hospitality and other businesses, which keeps more of your money in the community. Seek out destinations or companies that are committed to sustainable travel and take actions to preserve and enhance the host community and natural environment.

## come back better

- 8 Bring Your Experiences Home.** Continue practicing your sustainable habits at home, and encourage friends and family to travel with the same care.